

Risk Assessments advice

Risk Assessments are associated with the Health and Safety at Work Act 1974. While this does not apply to u3as as members are not at work, the insurance company expect u3as to take reasonable precautions through risk assessment checklists, and they use these as a basis of any claims made. If a member were injured, our insurance provider would ask for the completed risk assessment to be able to prove how the risk was identified.

All groups should complete risk assessments to protect themselves and share it with the group's members.

Any members with a disability can inform the leader of the group and help to complete their own risk assessment if and as necessary.

For most activities, a checklist is sufficient. The more hazardous the activity, the more comprehensive the risk assessment checklist should be.

The Third Age Trust has provided model risk assessment checklists for different kinds of low-risk activities which u3as can adapt to their situations, please find links to these example risk assessments on this page.